



SPEED OVEN

Prática

SPEED OVEN

FIT
EXPRESS



INSTALLATION AND OPERATION MANUAL

LETTER TO OUR CUSTOMERS

Pratica Inc. is proud to become part of your day-to-day lives through our products. By purchasing Pratica's appliances, you will have a partner in the kitchen that dedicated to keeping your customers satisfied and who will always be attentive to your needs.

We are available to serve you at any time, whether to solve an issue/dispute, or to hear your ideas, suggestions, or criticisms.

Our Commitment

- To know and meet the needs of our customers.
- Offer reliable, high-performance, and energy-efficient products.
- Consistently look for ways to improve our processes, products, and cost to offer more value to our customers every single day.
- Treat our customers with honesty and respect.
- Prática Inc. donates a portion of its profits to charitable causes.

This manual contains all the information for you to install and use your equipment correctly and get the best results in performance, quality, and safety.

We recommend that you read and follow all the guidelines contained therein and keep this manual in a suitable place for future consultations.

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IMPORTANT SAFETY INSTRUCTIONS

USE RECOMMENDATIONS

- Oven operation: It is recommended that the oven operator wear heat resistant gloves and an apron (PPE's) to prevent burns when in contact with the oven chamber and from the spillage of the tray's contents.
- Use of the panel: The panel must be operated with fingers only, the use of any instrument may damage the equipment and jeopardize the operator's safety.

CAUTION: To avoid burns, do not use containers with liquids or kitchen products that become liquids when heated to a boiling point. **The oven must be placed, following installation, 63in / 5ft/ 1.6m above floor level.**



- **WARNING: The lack of kiln cleaning can cause surface deterioration which can adversely affect the life of the appliance and possibly result in a dangerous situation.**
- Remove metal or plastic sealing wires of bags inserted into the unit. Check if the container being used has specifications for appropriate temperature and is microwave safe.
- Do not use plastic utensils.
- Do not allow children to use or operate this equipment.
- Do not use the equipment if it is damaged, especially if its door is not closing properly.
- Do not place any object between the inner cavity and the oven door, obstructing the door from closing.
- Do not let the power cord hang over the edge of the table or counter.
- Only qualified personnel should open the equipment panel.
- Do not use plastic utensils.
- Do not use water jet for cleaning.
- Do not use steam cleaner for cleaning.
- Do not use the Microwave function without food in the chamber, as it can damage the equipment.

- Do not operate the equipment with the door open due to microwave energy exposure.
- Do not allow food residue or other debris to accumulate on the surface of the door and it's hinge to avoid damaging the equipment.
- Foods with skin or membranes, such as tomatoes, potatoes, and sausages, must be perforated with a fork as they may explode.
- Fully sealed packages should not be heated in the oven as they can explode.
- Do not cover or block any air vents on unit.
- Do not use the equipment outdoors or without coverage.
- Do not use this product near water, including near the kitchen sink, in a wet basement, or near a swimming pool.
- Do not use a water jet for cleaning the unit. Please see cleaning instructions for proper cleaning.
- When cleaning the oven surfaces, use only non-abrasive products applied with a nylon sponge or soft cloth **(page 70)**. **Note: Consult *Prática to make sure the correct cleaning product is being used.***
- To reduce the risk of fire in the oven cavity, remove wires used to seal paper or plastic bags that will be placed into the oven.
- Carefully monitor the equipment when materials such as paper, plastic, and other combustible materials are placed inside the oven for easy cooking.
- Remove all contents located inside the oven cavity.
- If the product catches fire inside the oven cavity, close the door immediately and turn the unit off or unplug it. The power can also be turned off at the circuit breaker.
- Always wear heat resistant gloves or use holders or tongs to removing food from inside the equipment to avoid burns.

- Do not use the cavity of the equipment for storage.
- When heating liquids using the "microwave only" or "combined" function, the contents should be stirred before heating to help prevent eruptive boiling. In microwave mode, beverage heating can result in delayed eruption, so care should be taken when handling the liquid's container.
- Liquids, such as water, coffee, or tea can overheat beyond the boiling point without appearing to be boiling. Visible bubbling or boiling when the container is removed from the microwave oven is not always present. THIS COULD RESULT IN VERY HOT LIQUIDS SUDDENLY BOILING OVER WHEN THE CONTAINER IS DISTURBED OR A UTENSIL IS INSERTED INTO THE LIQUID.
- The minimum height of free space above the microwave should be of 5.9in (150mm).
- Only use utensils suitable for use in microwave ovens.
- When heating food in microwave safe container, check the oven frequently due to the possibility of ignition.
- The oven should be cleaned daily and any food remains must be removed.
- Failure to keep the oven clean may lead to deterioration of the surface, which could adversely affect the equipment service life and possibly result in the loss of warranty.
- Do not operate any heating or cooking appliance beneath this equipment.
- Do not mount unit over or near any portion of heating or cooking equipment.
- Do not mount over a sink.
- Oversized foods or oversized metal utensils should not be inserted in the oven as they may start a fire or create risk of electric shock.
- Do not clean with metal scouring pads. Pieces may burn off the pad and touch electrical parts, creating a risk of electric shock.

- Some products such as whole eggs and sealed containers – for example, closed glass jars – can explode and should not be heated in this oven.
- Do not use paper appliances when equipment is operating in toaster mode.
- Do not store any materials other than manufacturer's recommended accessories in this oven when not in use.
- Do not cover racks or any other part of the oven with metal foil. This will cause overheating of the oven.
- It is necessary to remove and clean the air filter frequently. For more details, go to **page 75** of the manual.
- Daily cleaning is required to remove grease from equipment. For more details, see **page 70** of the manual.
- Only clean parts listed in manual. Other than that, please contact the manufacturer for instructions.
- Use this equipment only for the functions described in this manual.

RESTRICTIONS OF USE

- **WARNING: Do not use corrosive chemicals or vapours in this device. This type of oven is specifically designed to heat, regenerate, gratin, or finish food that has already undergone some cooking process. Not suitable for cooking food or products in general. It is not designed for industrial or laboratory use.**
- Use only utensils suitable for use in microwave ovens as listed on **page 14**.
- Never use the device to heat alcohol, cognac, rum, etc.
- Alcohol can catch fire more easily if overheated. Be careful and do not leave the device unattended.

- If smoke forms, turn off the device. Disconnect or isolate it from the power supply and keep the door closed to muffle the flames.

GENERAL RECOMMENDATIONS FOR CLEANING

- The cooking chamber of the equipment must be cleaned daily. Failure to keep the equipment clean can lead to surface deterioration, which can adversely affect the life of the appliance and possibly result in a hazardous situation.
- The equipment shall be disconnected from the main power source during maintenance and replacement of parts. It is not necessary to disconnect the equipment from the power supply during daily cleaning of the equipment.

SAFETY RISK: CLEANING CHEMICALS

DANGER	WHERE OR IN WHAT SITUATIONS DOES DANGER ARISE?	PREVENTIVE ACTION
Risk of chemical burns or irritation of the skin, eyes, and respiratory system due to contact with cleaning chemicals and their fumes.	For all cleaning actions.	<ul style="list-style-type: none"> • Do not let cleaning chemicals come into contact with your skin or eyes. • Do not heat the appliance if there are cleaning chemicals inside. • Don't breathe in the chemical spray. • Use personal protective equipment (PPE's).
	When corrosive cleaning chemicals are used.	<ul style="list-style-type: none"> • Strictly follow the steps for cleaning (page 70).

SAFETY RISK: HEATING

DANGER	WHERE OR IN WHAT SITUATIONS DOES DANGER ARISE?	PREVENTIVE ACTION
Risk of burns from hot surfaces.	Inside the entire cavity, including all parts that are or have been inside during cooking, such as: <ul style="list-style-type: none"> • Racks; • Containers; • Baking sheets. 	<ul style="list-style-type: none"> • Before starting cleaning tasks, wait until the cavity has cooled below 122°F (50°C) .
	Inside the equipment door.	Wear personal protective clothing and equipment (PPE's) as shown on page 08.

• **SAFETY RISK: ELECTRIC POWER**

DANGER	WHERE OR IN WHAT SITUATIONS DOES DANGER ARISE?	PREVENTIVE ACTION
Risk of electric shock by energized parts.	<ul style="list-style-type: none"> • Under the covers; • On the operating panel; • Along the power cord. 	<ul style="list-style-type: none"> • Work on the electrical system must be performed only by qualified electricians an authorized service company. • Professional Work. • Make sure that all electrical connections are in perfect condition and securely fixed before using the equipment.
	In the equipment and adjacent metal parts.	<ul style="list-style-type: none"> • Before preparing the equipment for use, make sure that the equipment is connected to a equipotential compensation system (UE).
	If the equipment on wheeled supports start to move accidentally and the power supply is switched off.	<ul style="list-style-type: none"> • When operating the equipment, always engage the safety lock on the wheels. • Check daily that the wheel locks are activated before starting the operation.
Risk of electrical shock caused by a short circuit.	If the equipment comes into contact with water.	<ul style="list-style-type: none"> • Do not wash the outer box with water. • Always keep the USB cover closed while cleaning.

SUITABLE UTENSILS

Check the manufacturer’s instructions and temperature rating to determine the suitability of individual containers and accessories to be used with the equipment. The table below provides general guidelines:

SUITABLE KITCHEN UTENSILS	ALLOWED	PREVENTIVE ACTION
HEAT-RESISTANT CONTAINERS		
Tempered glass.	YES	
Compatible ceramics.		Do not use items with metallic decoration.
Earthenware (crockery, porcelain, etc.) Note: the level of mineral load present in the utensil can affect the performance of the equipment		
METAL AND FOIL TRAYS		
Any metal or foil containers	NO	
PLASTIC CONTAINERS		
Plastic containers	NO	
DISPOSABLE		
Fuels (paper, cardboard, etc.)	YES	Use only disposables compatible with the temperatures reached by the oven 536°F (280°C).
OTHER UTENSILS		
Tethers and labels	NO	During the cooking process, no utensil such as probes, cutlery, straps, and labels can be inside the oven.
Cutlery		
Temperature probes		

COMBINATION OF SUITABLE UTENSILS

ACCESSORY COMBINATION	ALLOWED	OCCURRENCE
Speed Grill	YES	
Speed Grill + Solid Ptfе Basket	YES	
Speed Grill + Wave Tray	YES	
Teflon accessories	YES	

USE RECOMMENDATIONS (continuation)

CAUTION!

- This equipment is not intended for use by people (including children) with reduced physical, sensory, or mental capabilities, or that have not been properly trained to operate the unit.



- Do not use the oven handle to move the equipment. The oven must be moved exclusively from its sides.



- Do not use the equipment door as support. It will cause unevenness of the door and equipment malfunction.



- The oven door is only intended for sealing microwaves generated during cooking. Using the door for any other purpose not described in this manual may void the warranty.

PRECAUTIONS TO AVOID: POSSIBLE EXPOSURE TO EXCESSIVE MICROWAVE ENERGY

- (a) Do not attempt to operate this oven with the door open since open-door operation can result in harmful exposure to microwave energy. It is important not to disable or tamper with the safety interlocks.
- (b) Do not place any object between the oven front face and the door or allow food or cleaner residue to accumulate on sealing surfaces.
- (c) Do not operate the oven if it is damaged. It is particularly important that the oven door close properly and that there is no damage to the: (1) Door (bent), (2) Hinges and latches (broken or loosened), and (3) Door seals and sealing surfaces.
- (d) The oven should not be adjusted or repaired by anyone except properly qualified service personnel.

IDENTIFICATION OF SYMBOLS USED IN THIS MANUAL



DANGER! THREAT OF RISK THAT MAY CAUSE SERIOUS INJURY OR DEATH



ALERT



WARNING - FIRE RISK - TO REDUCE THE RISK OF FIRE DO NOT REMOVE THIS COVER. NO USER-SERVICEABLE PARTS INSIDE. REPAIR SHOULD BE DONE BY AUTHORIZED SERVICE PERSONNEL ONLY



MICROWAVE WARNING SYMBOL: THIS SYMBOL IDENTIFIES THAT THERE IS A RISK OF INTERNAL AND EXTERNAL BURNS OF BODY PARTS FOLLOWING EXPOSURE TO MICROWAVE ENERGY.



WARNING - RISK OF ELECTRIC SHOCK - TO REDUCE THE RISK OF ELECTRIC SHOCK, DO NOT REMOVE THIS COVER. NO USER-SERVICEABLE PARTS INSIDE. REPAIR SHOULD BE DONE BY AUTHORIZED SERVICE PERSONNEL ONLY



WARNING - BURN RISK - DO NOT TOUCH ANY PART WITH THIS SYMBOL WHILE THE OVEN IS IN OPERATION.



WARNING - RISK OF BURN FROM SPILLING OF HOT LOAD - TO AVOID BURNS, DO NOT USE CONTAINERS WITH LIQUIDS OR KITCHEN PRODUCTS THAT BECOME LIQUIDS WHEN HEATED UP TO A BOILING POINT.



GROUNDING SYMBOL



EQUIPOTENTIAL SYMBOL



USE TIPS AND INFORMATION

WARRANTY

TERMS AND DETAILING

a) Our products are warrantied for twelve months for parts and labor and twenty-four months for all heating element parts; from the date the product is installed. If, for any reason, there is no record of the installation date or the purchase invoice is not found, the date of manufacture of the equipment printed on the indicative label will be considered the date of the applicability of this guarantee.

b) If new visits are needed to complete the delivery/installation of the product due to the lack of adequate, electrical, or exhaust related conditions, the costs of such visits shall be the customer's responsibility.

c) For the appliance's installation, the customer must provide all conditions required (230v, 208v/240v, 380v, and 400v single/multi phase) in the installation blueprint. The customer will also be responsible for transporting the equipment to the installation site.

d) The warranty only covers manufacturing and component failures. Damages caused by lack of heeding to label warnings on the product will not be covered.

e) The warranty will cover adjustments and replacement of defective parts. It is the responsibility of the authorized service technician to return the defective parts to Pratica Inc. for analysis when requested by the Manufacturer.

f) Warranty service calls will not justify the extent of the warranty, returns or exchanges of the equipment, or any other type of claim.

WARRANTY EXCLUSIONS

a) The customer should thoroughly inspect the equipment upon delivery and contact the carrier in case of shipping damage arising from transport.

b) Prática will not respond to any issues arising from electrical building irregularities, or a lack of abiding to the local electrical code. These issues will not be covered by the Warranty.

c) Use or installation not in accordance with the Installation and Operation Manual accompanying the product.

- d)** Failure to observe the installation details per the Installation and Operation Manual, such as uneven floors, installing the oven next to equipment that produces fat, heat, or solid particles, lack of air circulation, etc.
- e)** Any damage done to the oven or it's components resulting from the use of inappropriate cleaning products or methods will not be covered under the warranty. For example, pouring water inside the electric panel, etc.
- f)** Changes performed by unauthorized technicians in the original conditions of installation such as electrical distribution, installation location, etc.
- g)** Use of aggressive or abrasive products that are unsuitable for cleaning which may tarnish, wear, scratch, or damage accessories or equipment components.
- h)** Occurrences of electrical discharges arising from acts of nature or voltage peaks caused by generators or power supply companies.
- i)** Damage to the equipment or its accessories caused by accidents, improper operation, and improper handling or installation as described by the Operation Manual included with this product.
- j)** Repair attempts by unauthorized third parties or use of non-OEM parts and components, regardless of the damage or defects.

NOTES AND RECOMMENDATIONS

- a)** The operator should use the Installation and Operation Manual as a guide.
- b)** Make sure that the electric systems are made and installed by a qualified company or technician.
- c)** Before contacting technical assistance, check the manual for troubleshooting tips that can be solved without a technician. Always remember that Pratica must be contacted first before getting in contact with service agent.

d) To contact Prática's authorized technical service or to make any complaints, suggestions, or comments about the services provided by authorized technicians, please call our customer service hotline at:

You may contact us via:

Phone: +1 214 584 6269

WhatsApp text or call: +1 218 748-8572

E-mail: service@praticausa.com

Monday to Friday: 8 a.m. to 6 p.m. at any time zone

Saturday: 8 a.m. to 3 p.m. at any time zone

Sundays: Closed

Holidays: 8 a.m. to 3 p.m. at any time zone

All regions except the United States: +55 (35) 3449-1235 or by email at comex@praticabr.com

EQUIPMENT IDENTIFICATION

(Fill in to make technical support calls easier)

MODEL			
VOLTAGE		SERIAL NUMBER	
RESELLER			
INVOICE NUMBER		PURCHASE DATE	

INSTALLATION INSTRUCTIONS

ELECTRICAL INSTALLATION

- Always follow the installation instructions in the instruction manual or the product's spec sheet. This form is attached to the manual, in addition to being sent by email upon approval of the order. It is also available on our website (www.praticabr.com). If you have of questions, contact Prática Technical Assistance:

USA / You may contact us via:

Phone: +1 214 584 6269

WhatsApp text or call:

+1 218 748-8572

E-mail: service@praticausa.com

Monday to Friday: 8 a.m. to 6 p.m. at any time zone

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- All regions except the United States: +55 (35) 3449-1235 or by email at comex@praticabr.com
- The installation of the Prática ovens must be done with the necessary care to avoid problems, damage to the equipment, and guarantee its full use.
- This equipment must be installed by an authorized technician.

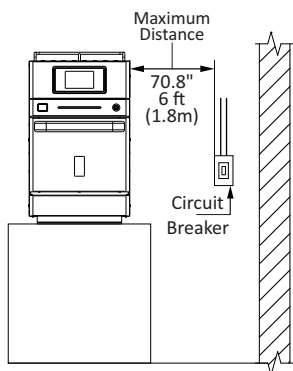


- The equipment **MUST** be grounded.
- The oven must have an exclusive circuit breaker.
- Do not immerse or expose the power cable to water.
- Keep the power cord away from heated surfaces.
- If the power cable is damaged, it must be immediately replaced by an authorized technician to avoid shock hazards.
- Only qualified personnel should open the equipment panel.
- There is an equipotential point on the rear panel of the oven.

FIT EXPRESS								
Region	Voltage (V)	Phases	Freq. (Hz)	Power (kW)	*Circuit Breaker (A)	Cable	Socket	
USA/ Canada	208	Single	60	6.2	30	3x10 AWG	NEMA 6-30	
	240			7.0				
Europe	230	Single	50	6.8	32	3x4 mm²	32A (2P+E)	
	380	Multi	50	6.5	16	5x2,5 mm²	16A (3P+N+E)	
	400	Multi	50	6.8	16	5x2,5 mm²	16A (3P+N+E)	
FIT SM								
(Note: The Fit SM (Single Mag) is not recommended for frozen products)								
USA/ Canada	208	Single	60	2.7	15	3x10 AWG	NEMA 6-15	
	240			3.1				
Europe	230	Single	50	3.0	13	3x1,5 mm²	13A (2P+E)	NOT PROVIDED
	230	Single	50	3.0	16	3x1,5 mm²	16A (2P+E)	

INSTALLATION INSTRUCTIONS

Note: The equipment has a connector for interconnection with other equipment. This connector is intended to keep several devices with the same electrical potential, not necessarily the grounding of a local connection. This connector on the back of the device is identified by the symbol on the right:



- Use of pressure cables to prevent movement of the power cable.
- In case the oven voltage is 380 volts, a neutral cable (independent of the ground) must be available.
- Ensure that the electrical characteristics of the building power grid are in accordance with the technical specifications located on the data label on rear panel of the unit. The building power grid installation is the customer's responsibility.
- This unit must be properly grounded to avoid electrical shock.
- The circuit breaker should be located no more than 70.8in / 6ft / 1.8m away from the unit.

GENERAL INSTRUCTIONS

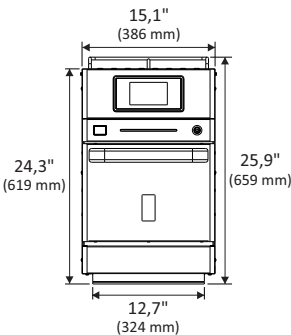
- The oven must be installed on a surface or counter that supports its weight of approximately 147.7lb (67 Kg).
- Do not obstruct the air inlets and outlets at the front bottom of the oven.
- The oven must not be positioned near stoves, deep fryers, hot plates, and other equipment that releases fat, steam, and heat. The ventilation, electrical panel, and motor vents must be far from these heat sources to prevent damage to the electrical system of the equipment.
- The oven must be installed on a leveled surface, in a well-ventilated area.
- The installation of the equipment in a non-suitable place can result in the loss of warranty.

INSTALLATION INSTRUCTIONS

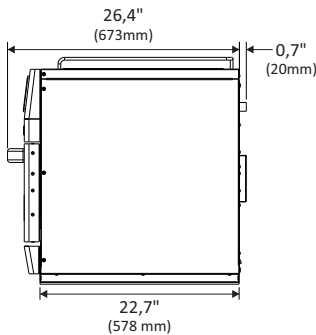
DIMENSIONS

FIT EXPRESS

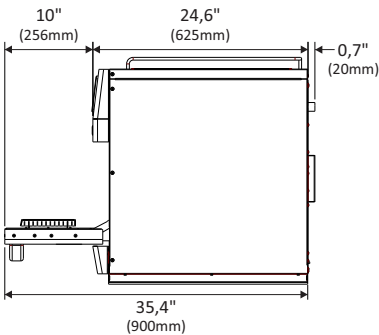
FRONT VIEW



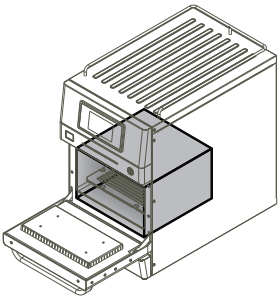
SIDE VIEW



SIDE VIEW
WITH DOOR OPEN



Chamber Dimension	
Total capacity	18.3L - 0.64 cu.ft
Useful capacity	13L - 0.45 cu.ft
Height	6.6" - 170mm -
Width	12.4" - 315mm -
Depth	13.4" - 341mm -



GENERAL RECOMMENDATIONS



- Do not use this product near water including kitchen sinks, or in wet places.



- If residues accumulated inside the oven burn, keep the oven door closed, turn off the electrical power at the oven's exclusive circuit breaker and unplug the oven.



- Do not use the inside of the oven to dry or store.



- If the oven door is damaged, do not use it until it is repaired by a qualified person.

- If there is a power failure during any process in progress in the oven, this operation will be lost (saved recipes will not be lost).
- Do not cover or block any opening on the device.
- Do not use the oven outdoors.
- Do not store food inside the oven when it is not in operation.
- When activating the oven circuit breaker, wait ten seconds to switch on the equipment.

FIT EXPRESS TECHNOLOGY

The **Fit Express** oven uses a combination of heating through high-speed forced air convection and microwave energy to heat food more quickly than the conventional methods.

The figure below illustrates the steps involving the technology:

1 - Magnetrons generate energy through microwaves, which uniformly heat the water molecules of the food;

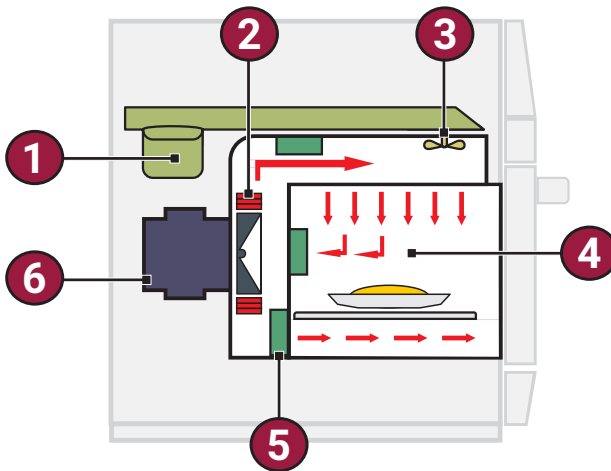
2 - Internal heating resistors transfer heat energy to circulating air;

3 - The Stirrer distributes the microwaves evenly;

4 - Impinged air is directed toward food;

5 - The Catalytic Converter converts the volatile organic compounds into carbon dioxide and water (CO₂ and H₂O);

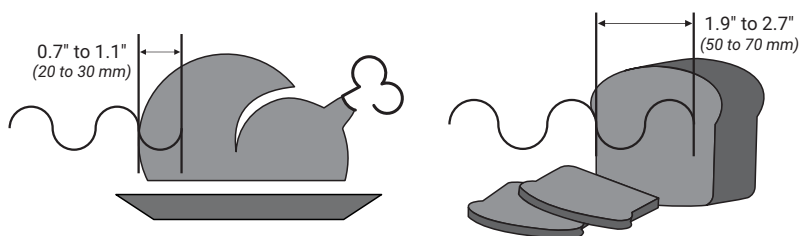
6 - The blower motor makes the air circulate at high speed.



PRINCIPLES OF OPERATION

Microwaves are a type of radiant energy. Like radio waves, visible light, and infrared, the microwaves are part of the electromagnetic spectrum, i.e., it is a form of electromagnetic radiation. They are classified as non-ionizing radiation. Because unlike x-rays and Alpha, Beta and Gamma rays, its effects are strictly thermal and therefore do not alter the molecular structure of the item that is being irradiated.

The basic principle of microwaves is to cook by molecular vibration. They penetrate the food surface in a depth that ranges from two to seven centimeters and heat the molecules of water, fat, and sugar by making them vibrate. The heat is transmitted to the interior of the food by thermal conduction, demystifying the idea that the microwaves cook food from the inside out.



The **Fit Express** works through the association between microwaves and hot air directed towards the food. The variables in the operation consist of:

- a) *Operation time.*
- b) *Chamber temperature.*
- c) *Microwaves power.*
- d) *Air speed.*

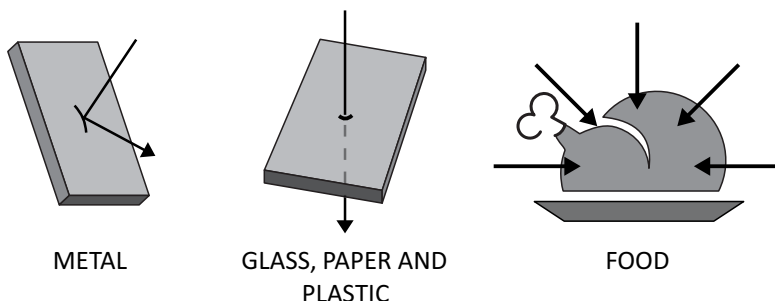
Each operation recipe can be programmed with up to eight steps and each of them can have the variables mentioned above.

Temperatures: The preparation times and steps are short. The temperature variation between steps will not be observed by the unit. Normally the temperature used is the same temperature as the cook cavity set point.

Microwaves: The microwave is adjustable between 0% and 100% for each 30 second interval. For example, the microwaves in a one-minute recipe with microwave percentage programmed at 50%, will run for 15 seconds then stop for 15 seconds. Then they will energize for another 15 seconds and stop for there maining 15 seconds. In 1 minute, they will act for a total of 30 seconds. The microwaves heat the food internally and do not require a specific means to propagate.

Microwaves are reflected by metals but will penetrate glass, plastics, and ceramics. The microwaves penetrate food and become attracted to sugar, fat, and water molecules.

CHARACTERISTICS



The use of plastic or paper containers is forbidden because they will burn inside the oven because of the heat.

Operation Time: The food heated by microwaves occur from the outside in and the penetration level will vary depending on the type of food. Therefore, you should relate the preparation time to the food composition, the quantity of food processed, as well as its density and thickness. The larger the food amount (quantity or density), the greater the time or percentage will be needed for the microwave to take effect.

Hot Air Speed: The hot air speed can be adjusted between 0% and 100%. The hot air is controlled by a blower motor which will envelope the food.

a) The higher the air speed, the more likely it will be to burn the product on the outside.

b) The higher the air speed, the more it will affect the texture and crispness of the product.

RECIPES CREATION

When creating a recipe, all the variables mentioned earlier should be considered. The microwaves and the air speed are the critical factors for a successful preparation.

To get faster results in the recipe creation, we suggest beginning programming at 1/10 of the total time of preparation used in a conventional process.

The microwave effect is more efficient at the beginning of processes. For *frozen products, work with two or three steps, so that at the beginning of the process, the product is thawed with lower microwave levels and at the end of the process, the desired colour and crispness are obtained.

Later, combine the air speed variations to reach the desired crispness and color. Remember, the air also transmits heat to the food so keep that in mind when setting blower percentage. The food's weight, size, and shape are critical when setting the total cook time.

The following information is critical when creating a new recipe.

- a) The initial temperature of the product will change the desired results if not considered (e.g.; frozen, cold, or room temperature).*
- b) The size and/or weight variation of the portion of food will also play a crucial role in determining the correct settings.*
- c) Only use containers approved for a microwave oven to prevent any damage and to ensure that the product gets cooked thoroughly.*

***Note: The Fit SM (Single Mag) is not recommended for frozen products.**

OPERATION

After initialization, choose your preferred language. See more about languages on page 61.

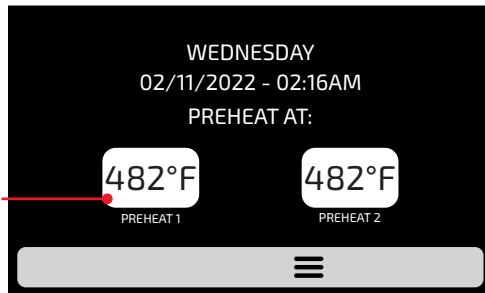
PREHEATING

a) To start the preheating process after turning on the equipment, choose between Preheating Temperature 1 and Preheating Temperature 2.

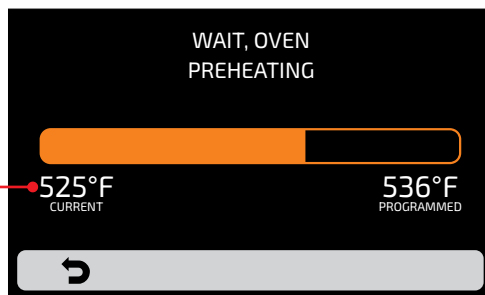
b) The following screen will present the CURRENT and the PROGRAMMED temperature with a bar between them indicating the remaining time until the oven reaches it's programmed temperature.

Note: The timer is only initiated when the CURRENT temperature is close to reaching the PROGRAMMED temperature. This occurs so that the oven temperature rises uniformly throughout the chamber.

The temperature can be changed between Celsius and Fahrenheit according to the user's preference.



The temperature can be changed between Celsius and Fahrenheit according to the user's preference.

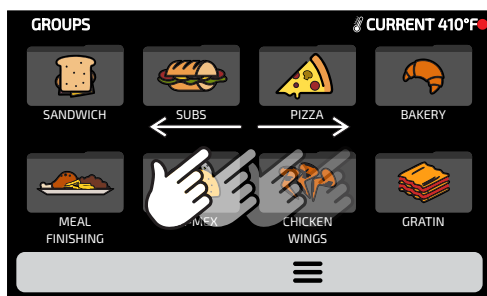


EXECUTING A RECIPE



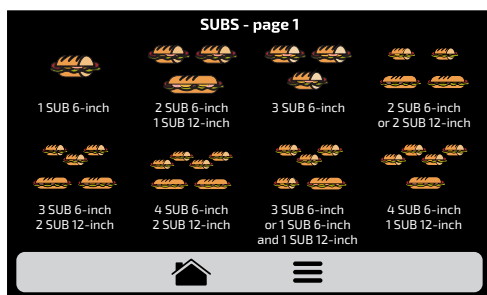
WARNING: FOR THE FOLLOWING INSTRUCTIONS TO BE VALID IT IS NECESSARY TO PROGRAM RECIPES OR UPLOAD RECIPES BEFORE PROCEEDING.

a) After preheating, select the Group icon desired. Slide the screens to the left and right in order to transition between the group screens.



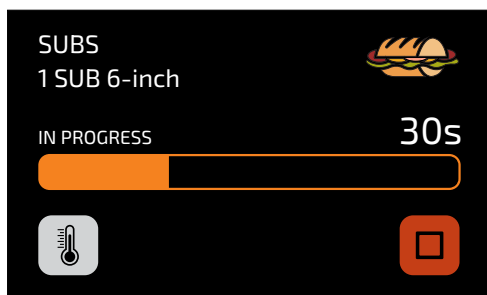
The temperature can be changed between Celsius and Fahrenheit according to the user's preference.

b) The RECIPES of the selected group will be displayed, select the recipe desired.





- To return to the GROUPS screen, push the button:
- To access the next recipes page, slide for right the screen and for the left to return.
- **Note:** Before starting a recipe, make sure there is food inside of the cooking cavity, otherwise it may cause damages to the unit.

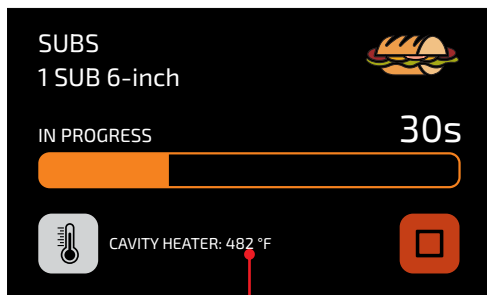
c) The recipe will enter the preparation process immediately.




- The screen will display the group name, recipe name, status of the operation (In progress or paused), and the remaining time for conclusion of the recipe.

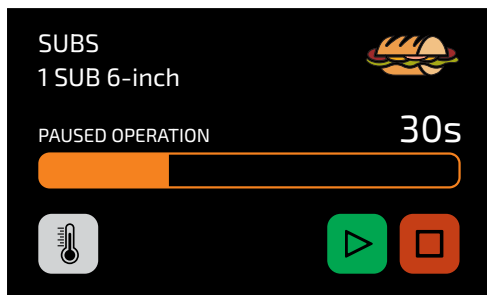
d) It is possible to verify the temperature of the **COOKING CHAMBER** pressing the  button.

e) In case you wish to cancel the execution of a recipe, press the  button.

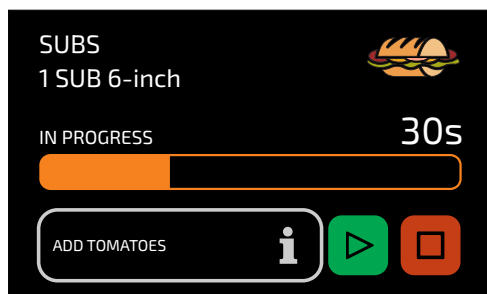



The temperature can be changed between Celsius and Fahrenheit according to the user's preference.

e) If the equipment door is opened, the operation will be paused; once the door is closed again, press the  to resume the operation.



f) If the programmer of the recipes adds information to one of the steps, for example: 'ADD TOMATOES', the recipe will be paused and the description of the information will be presented beside the PLAY button, as in the next image:



g) Press the  button to resume the operation.

h) Upon the recipe's completion, the following options will become available:



Cook/Brown More: Activates the microwave and hot air during a predetermined time.



Brown More: Activates only the hot air during a predetermined time.



Cook More: Activates only the microwave during a predetermined time.

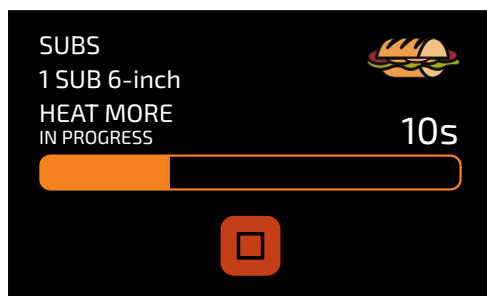


Repeat Recipe: Repeats the same recipe chosen by the user.




- In “Cook/Brown More”, “Brown More” and “Cook More”, the time will be defined at the moment of creating the recipe.
- The four options mentioned above may be disabled so that they do not appear in any recipe. Learn more in the User's Settings: Edit Accesses (**see page 64**).

Example of Heat More in execution:



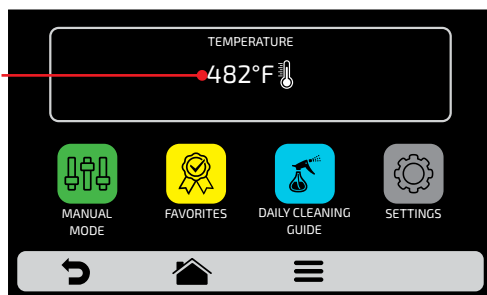
ACCESSING THE OPTIONS


a) To access the settings, at any time, touch on the icon  found in the fixed menu bar.


b) In the Options Screen, there will be information such as: Current temperature in the Chamber, Favorites (see page 65), Manual Mode (see page 67), Cleaning Guide (see page 70), and Settings (below).

Note: Manual Mode and Favorites will only be shown if enabled by the administrator (see page 64).


The temperature can be changed between Celsius and Fahrenheit according to the user's preference.



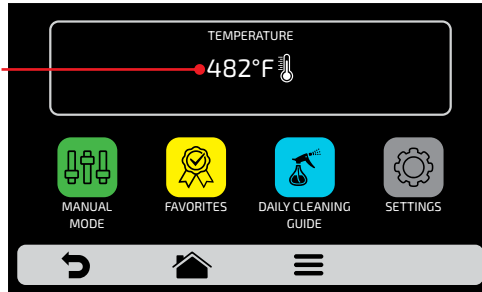
c) Touching on the icon  once more will return to Groups Screen.

d) Touching on the icon  will return to the Preheating Temperature selection screen.

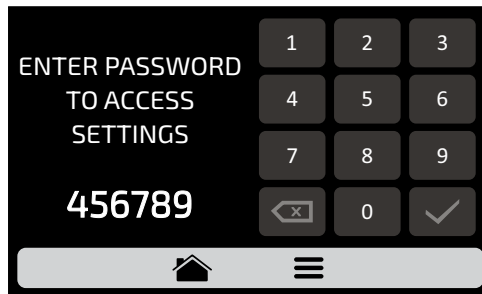
USER'S SETTINGS


a) Inside the Options Screen, click on the icon  to inform the User's Password that will be presented.

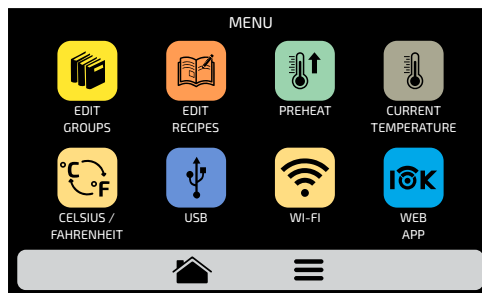
The temperature can be changed between Celsius and Fahrenheit according to the user's preference.

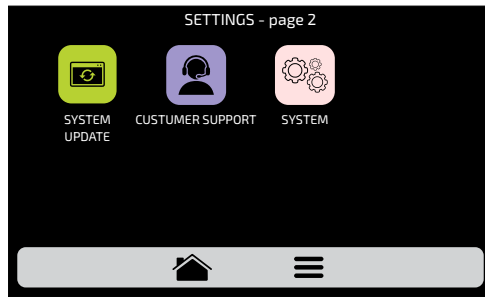


b) The standard password for the settings is 456789. This password may be changed (**see page 63**).




c) The User's Settings screen is composed by eleven items. Use the gridview, sliding  on the touch screen to access the next options screen. Understand each item in detail in the following pages.

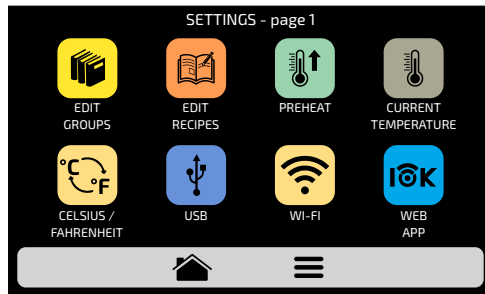





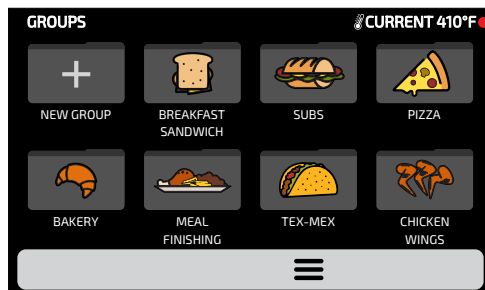
USER'S SETTINGS: EDIT GROUPS

Note: The kiln has two preheating temperatures as shown on **page 28**. After pre-heating, the oven will show the recipes for the selected pre-heating group. Recipes set in Group 1 will only be available when the "Preheating 1" option is selected.

a) To edit the recipes groups, touch on the  icon, the groups screen will be presented. However, the first slot on the screen will be the icon that allows the user the possible to Create New Group.

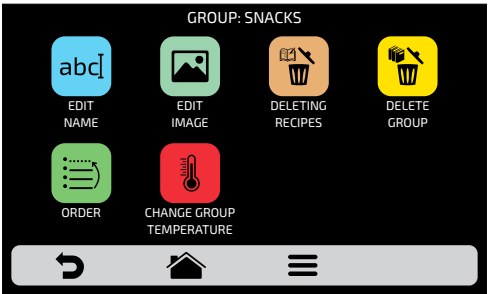


b) Choose to create a new group, or select the group you desire to edit. Slide  the screens to the left and right in order to transit between the group screens.



The temperature can be changed between Celsius and Fahrenheit according to the user's preference.

c) The available options after choosing between editing or creating a group will be:



Edit Name: changes the group's name. It is possible to use letters, numbers, or special characters.



Edit Image: changes the images of the group icon.



Delete Group: deletes all the information of the selected group, including the recipes.



Delete Recipes: deletes a selected recipe.



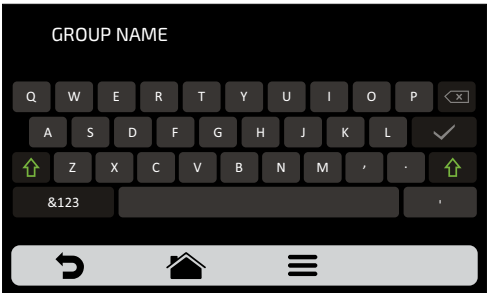
Order: changes the position of a selected group in a larger list of groups.



Change Group Temperature: changes the group preheating temperature. ***Note:** Recipes set in group 1 will only be available when running Preheating 1 and the same applies to group 2.*



EDIT NAME

a) By selecting the Edit Name option, the following screen will be displayed:





b) Clicking on **&123** and **ABCDE** (1/2 and 2/2) the screen will toggle between letters and numbers/special characters.



	
Deletes a character	Saves the name and returns to the options

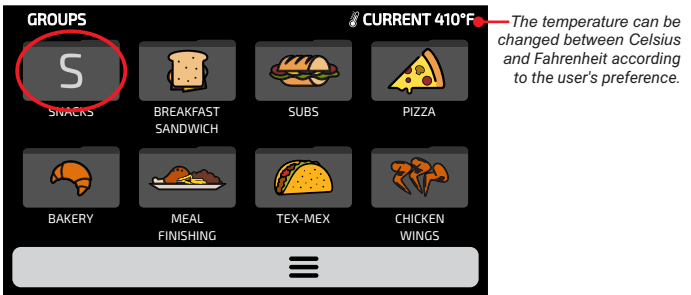
EDIT IMAGE

a) The **Fit Express** has an icon gallery that enables the user to change the icons of the groups. Press the  icon.

b) A screen with an image library will be displayed. Browse through the images and select the desired image. It is also possible, instead of adding an image, to maintain the first letter of the group name as the group icon, just click on the ABC icon. Use the gridview, sliding  on the touch screen to see all images.

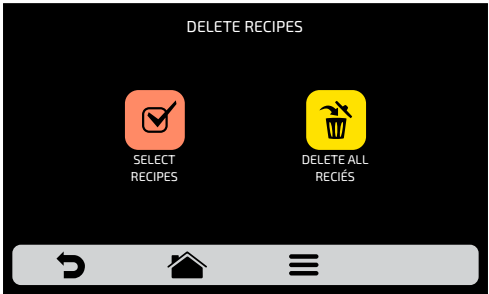


For example: if your group is called *SNACKS*, on the group screen, Snacks will have letter 'S' as its icon.

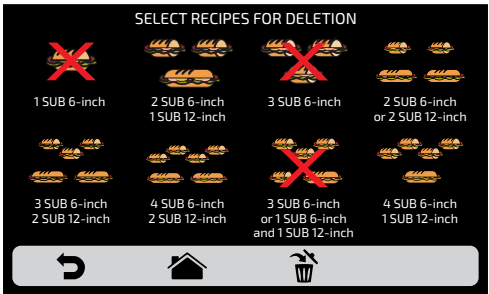


DELETING RECIPES


a) The deleting recipes option will enable you to only delete the recipes of the previously selected group. Press the button . On the next screen, it will be possible to delete a selection of recipes, or all the recipes:

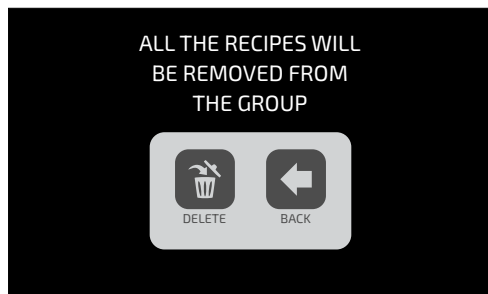




b) Select the recipes you wish to delete, the will indicate the selected ones, and then click on the trash can of the fixed bar .



The opposite message will appear - To confirm the deletion of the recipes, click on the icon "DELETE SELECTION"; to continue selecting, click on "CONTINUE SELECTION".

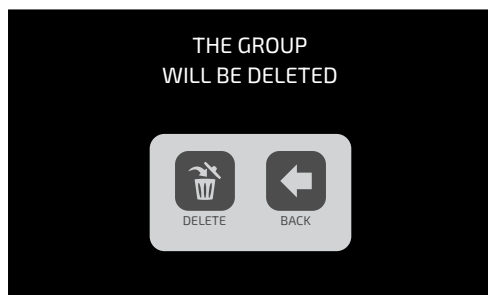
c) When clicking on the Delete All  icon, the following message will be presented:





To confirm, click on  or, to cancel, and return click on .


DELETE GROUP

a) **ATTENTION:** When choosing the option of deleting the group, all the information referring to the group will be lost: including recipes, steps, and other information. And in case the user does not perform a Backup (**see page 53, USB Options**), it will not be possible to recover this information.



b) Press the button  to confirm your choice, or  to return to the options screen.

ORDER

a) The Order function , enables to change the sequence in which the groups will appear on the groups screen.

This screen is composed of three buttons:





Place at the list start: The group is moved to the beginning of the groups list.



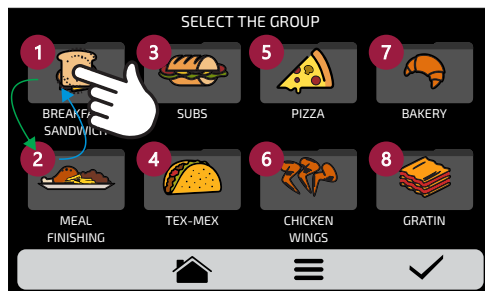
Place at the list end: The group is moved to the end of the groups list.



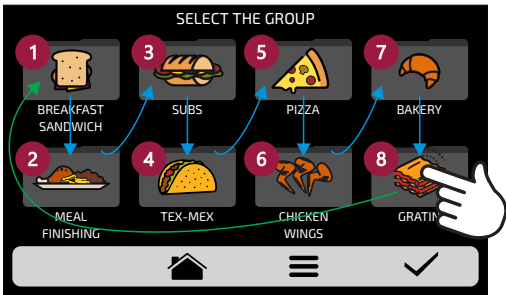
Choose place in the list: The operator will be directed to the groups screen to choose the location desired.

b) To change the position of a group, just click on the group to select and slide  to the desired position. Press  to save the change.

c) If the rearrangement of two groups is done vertically (1-2, 3-4, 5-6 and 7-8) those groups will change position without changing the order of the other groups, as shown in the image below:



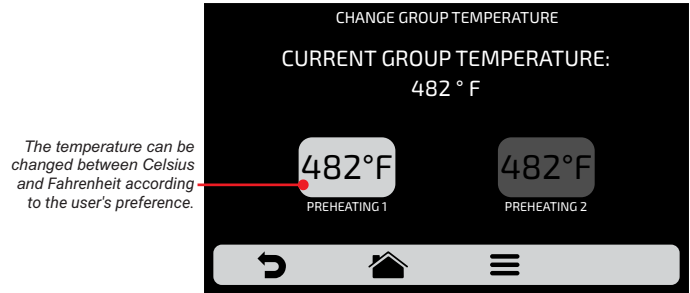
d) If the switching of groups is done randomly, once the position is selected, the groups will be ordered sequentially (1, 2, 3, 4, 5, 6, 7 and 8), as shown in the image below:



CHANGE GROUP TEMPERATURE

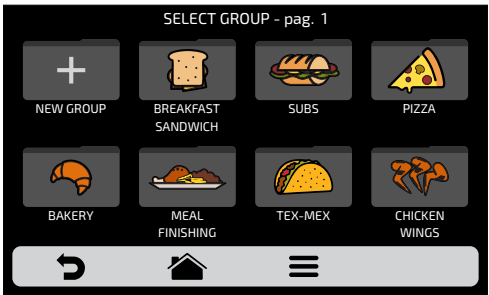
a) Choose the desired preheating temperature to the selected group .

Note: Recipes set in group 1 will only be available when running Preheating 1 and the same applies to group 2.

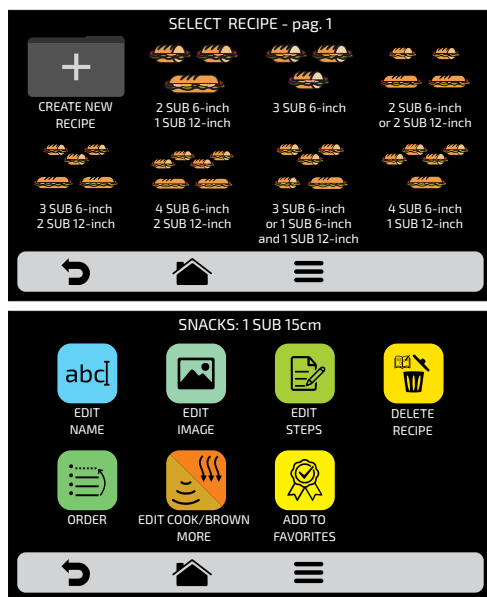


USER'S SETTINGS: EDIT RECIPES

a) To edit the recipes, click on the icon . The groups screen will be displayed. Choose in which group you wish to change the recipes. Use the gridview, sliding on the touch screen to see all recipes.



b) When accessing the recipes, it will be possible to edit an existing recipe or create a new one.



The available options after choosing between editing or creating a recipe will be:



Edit Name: changes the name of the recipe, you may use letters, numbers, or special characters.



Edit Image: changes the picture or icon of recipes.



Edit Steps: accesses the options for editing the steps of the selected recipe.



Delete Recipe: deletes all the information of the selected recipe, including the steps.



Order: changes the location in which the recipe appears among the other recipes of the group.



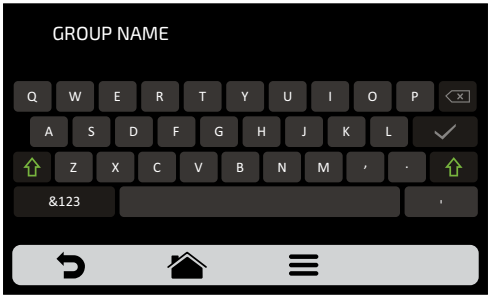
Cook/Brown More: Changes the time of Cook/ Brown More function.



Add/Remove from Favorites: Adds or removes the recipe from the Favorites list.

EDIT NAME

a) When selecting the Edit Name option, the following screen will be presented:




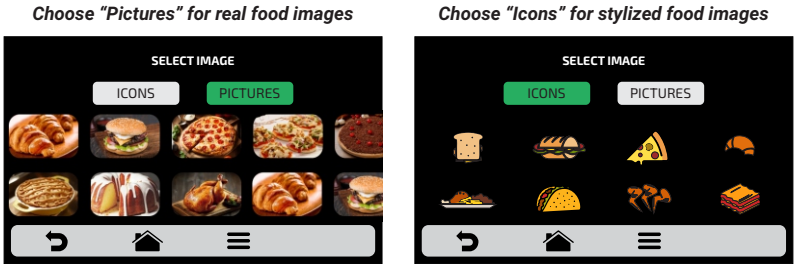
b) Clicking on **&123** and **ABCDE** (1/2 and 2/2) will toggle the screen between letters and numbers/special characters.




Deletes a character	Saves the name and returns to the options

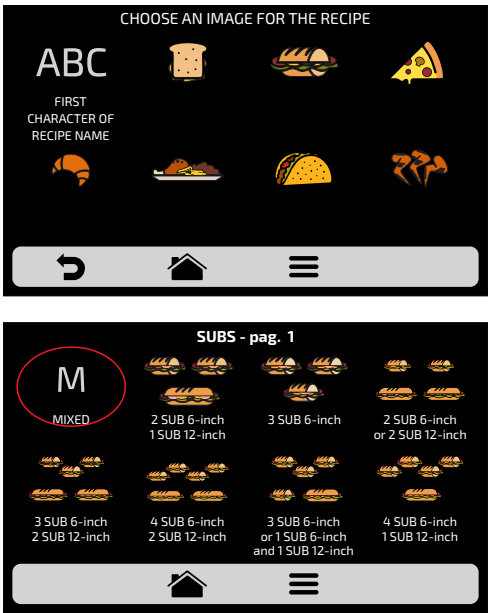
EDIT IMAGE


a) The **Fit Express** has an image gallery that enables the user to change the icons/picture of the recipes. Click on the icon  to edit and then choose between **ICONS** or **PICTURES** for the displayed recipes.



b) To access the next recipes page, use the gridview, sliding  on the touch screen to see all recipes.

c) Browse through the icons of the image library to select the desired icon or press the button **ABC** to transform the first letter of the recipe name into an icon, as shown in the adjacent example.

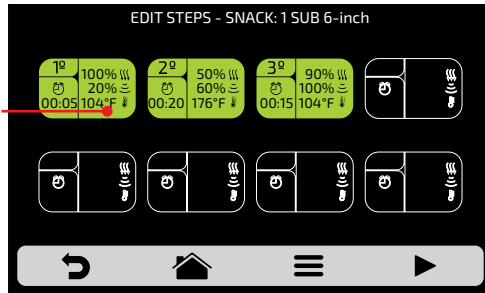


c) Use  to return to the recipe editing options.

EDIT STEPS

a) Every recipe supports up to 8 steps. The active steps will appear in green on the Edition screen, the inactive steps will be transparent. Click on a step to edit it.

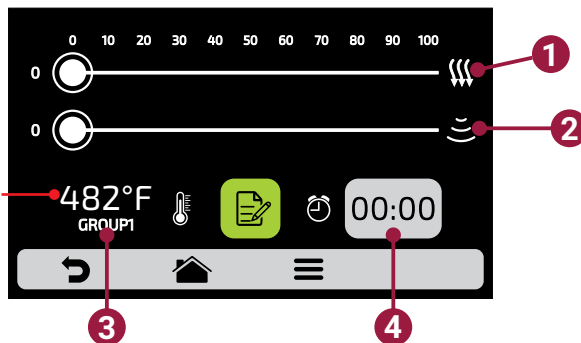
The temperature can be changed between Celsius and Fahrenheit according to the user's preference.



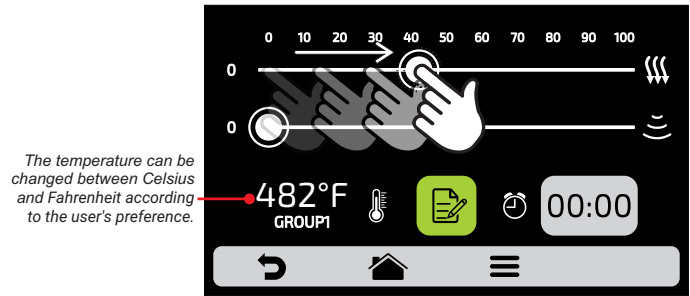
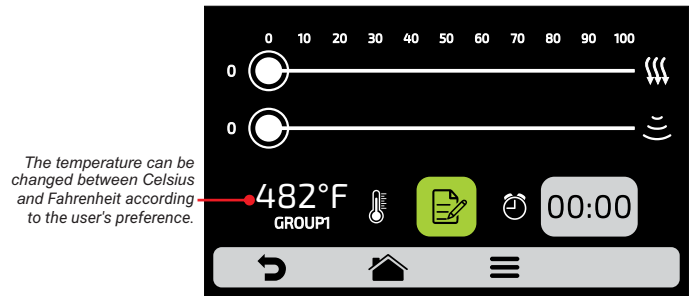
b) For each step, it is necessary to specify the:


- 1 - Speed of hot air;
- 2 - % of microwaves;
- 3 - Temperature;
- 4 - Time.


The temperature can be changed between Celsius and Fahrenheit according to the user's preference.

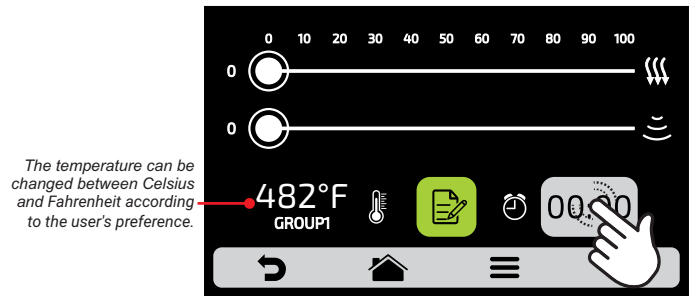



c) To change the Speed of Hot Air and Microwaves , click and drag the dot on the bar of each parameter or click on the desired location.




d) To set the time click on the icon  . A keyboard will appear on the opposite side, set the desired value and click on ✓.

e) To define the temperature click on the icon  . A keyboard will appear on the opposite side, set the desired value and click on ✓.



f) Click on the button  to access the options for edition of the step parameters, which are:



g) **Add Information**, which will be displayed at the end of the step during the execution of the recipe. Click on the icon .

h) **Enable and disable the step:**


- *The recipe only executes active steps. When a step is deactivated, it is not deleted, and only remains hidden.*
- *To delete the step, it is necessary to set the value to the time parameter to 00:00.*



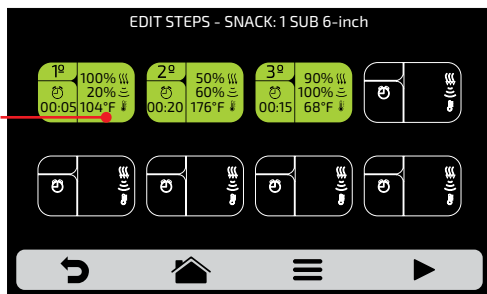
ACTIVE




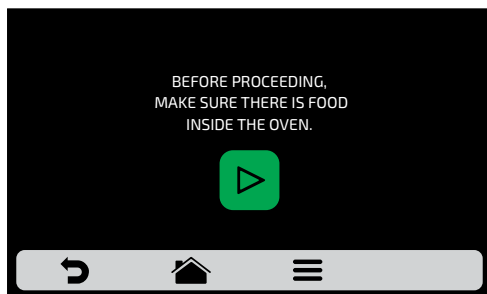
INACTIVE

i) After concluding the edition of a step, use  to save and return to the steps screen to edit, create new step, or test the active steps.

The temperature can be changed between Celsius and Fahrenheit according to the user's preference.






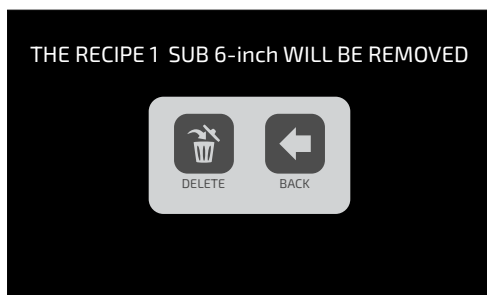
j) To test, click on the icon  that is found in the fixed bar on the steps screen. Before proceeding with the test, make sure that there is food inside the chamber.




k) Use  to return to the recipe editing options.

DELETING RECIPE

a) Press  to delete the recipe, press the button  to confirm the exclusion or  to return to the options for recipe edition.



ORDER

a) The Order function  , allow to change the sequence in which the groups will appear on the groups screen.

This screen is composed by three buttons:





Place at the list start: The recipe is moved to the beginning of the groups list.



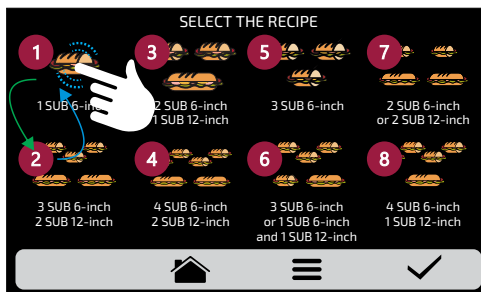
Place at the list end: The recipe is moved to the end of the groups list.



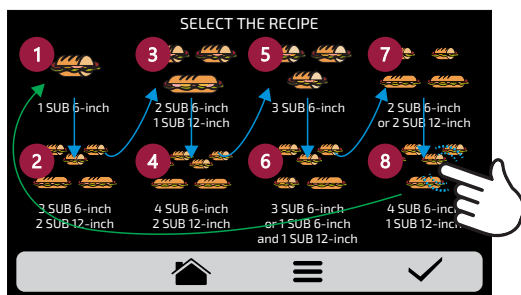
Choose place in the list: The operator will be directed to the groups screen to choose the location desired.

b) To change the position of a recipe, just press on the recipe to select and slide  to the desired position. Press  to save the change.

c) If the rearrangement of two groups is done vestically (1-2, 3-4, 5-6 and 7-8) these groups will change position without changing the order of the other recipes, as shown in the image below:



d) If the rearrangement of groups is done randomly, once the position is selected, the recipes will be ordered sequentially (1, 2, 3, 4, 5, 6, 7 and 8), as shown in the image below:



b) Use  to return to the recipe editing options.

EDIT COOK / BROWN MORE

a) The Cook/Brown More function is defined by recipe, that is, it is not a fixed value for all of them, the user may set the time he/she wishes for each option.



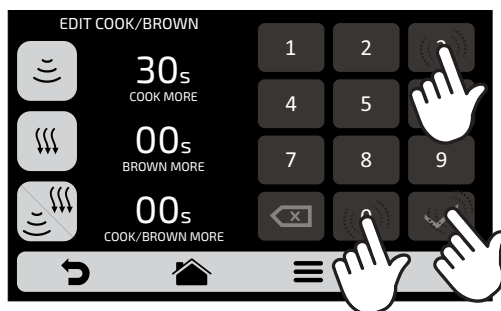
Remember that:

- **Brown More** - Only activates *HOT AIR*.
- **Cook More** - Activates only the *MICROWAVE*.
- **Cook/Brown More** - Activates both *HOT AIR* and *MICROWAVE*.

b) To set the time, just click on the value location, as show below.



c) Use the numeric pad to inform the time and click on ✓.



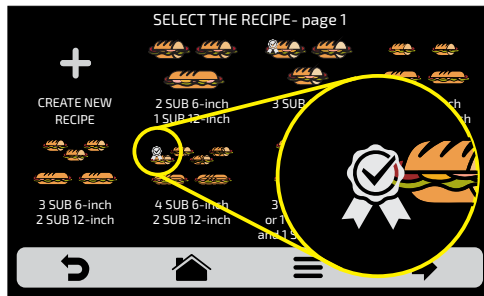
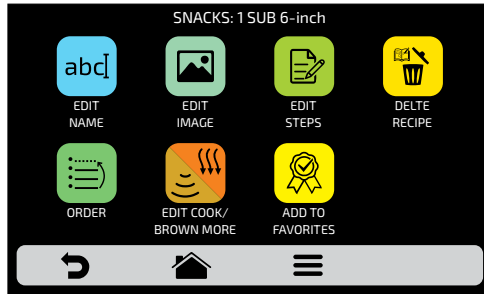
d) The Cook/Brown More function may be disabled in the Settings of Edit Access Page (see page 64).



e) Use ↶ to return to the recipe editing options.

ADD / REMOVE FROM FAVORITES


a) The Favorites function may be accessed through the options screen in the fixed bar. However, it will be explained in detail on page 65.

b) To add the recipe to the favorites, click on the icon 📌. A small label 🏆 will be added in the upper left-hand corner of the recipe icon.



c) To remove the recipe from the favorites, repeat the same process. In the edit recipe options screen, the Remove from Favorites icon will appear: , when clicking on it, the label  will disappear from the icon and the recipe will be removed from the Favorites list.





d) Use  to return to the user editing options.

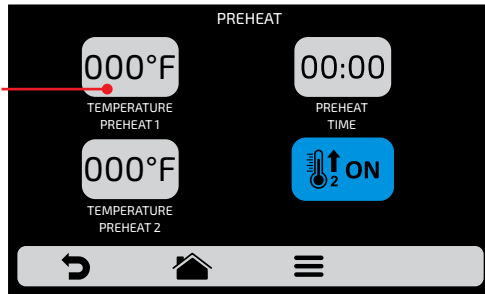
USER'S SETTINGS: PREHEAT



a) The editable parameters in Preheat are:

- **Temperature Preheat 1.**
- **Temperature Preheat 2.**
- **Preheat Time:** Set the stopwatch of the Preheating screen.

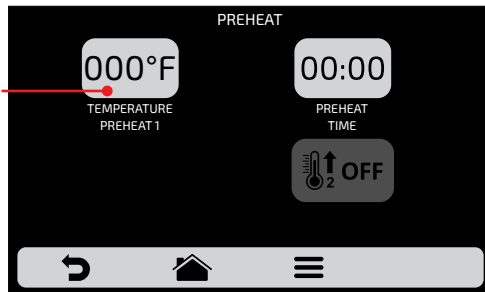
b) The  /  button enables/disables **Preheat 2**. When disabled, all settings related to Preheat 2 are hidden.


The temperature can be changed between Celsius and Fahrenheit according to the user's preference.




c) To edit the values, click on the icons  and  to change the value using the number pad.

The temperature can be changed between Celsius and Fahrenheit according to the user's preference.



d) Use  to return to the user editing options.

USER'S SETTINGS: USB

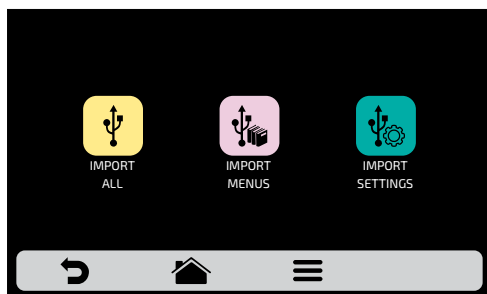
a) Press the button . The functions available in USB are: Import and Export.




b) When selecting one of the functions, the message: *"Insert the pen drive and wait for recognition"* will appear.

After the pen drive is inserted and recognized, the user will be taken to a screen containing previously chosen function options.

- **Import:** All, Menus, or Settings.
- **Export:** All, Menus, or Settings.



c) In case of error, the displayed message will be: ***"There was an error during the Import/Export. Please remove USB disk and restart process."***

d) Use  to return to the user editing options.

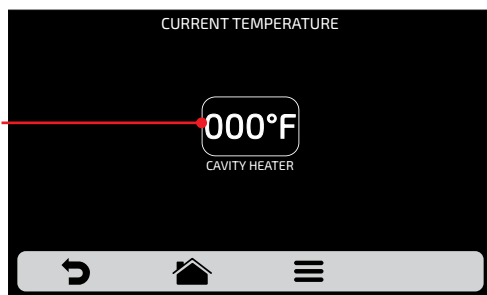
ACCESS TO THE USB PORT




USER'S SETTINGS: CURRENT TEMPERATURE


a) The **Current Temperature screen**  : is only informative. It's possible to verify the temperature of Cavity Heater.

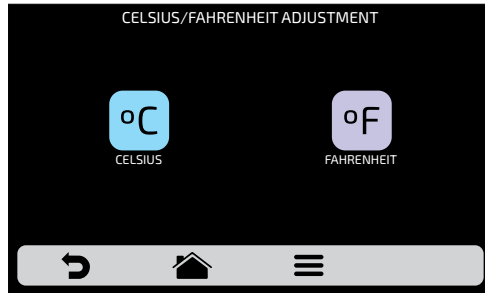
The temperature can be changed between Celsius and Fahrenheit according to the user's preference.




b) Use  to return to the user editing options.



USER'S SETTINGS: CELSIUS/FAHRENHEIT

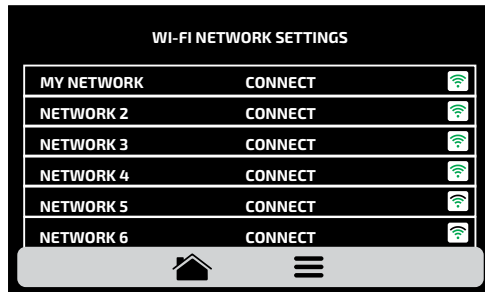
a) To change the unit of temperature displayed on the oven from Celsius to Fahrenheit, click on the icon  among the User's Settings, and set the oven to your desired unit of measure.



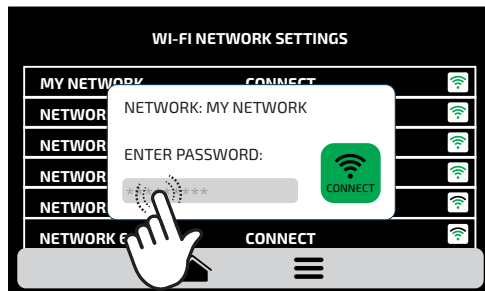
b) Use  to return to the user editing options.


WI-FI

a) If you want to connect to a new wi-fi network, press the button  to view the available networks. Use the gridview, sliding  on the touch screen to see all networks.

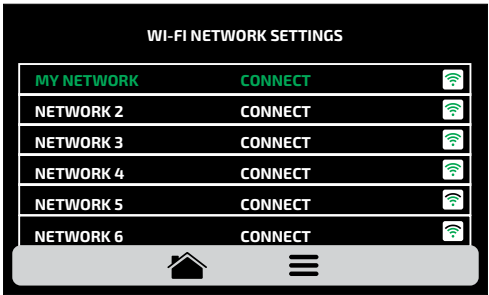


b) Click on the network you want to connect to and then click on "ENTER PASSWORD:".

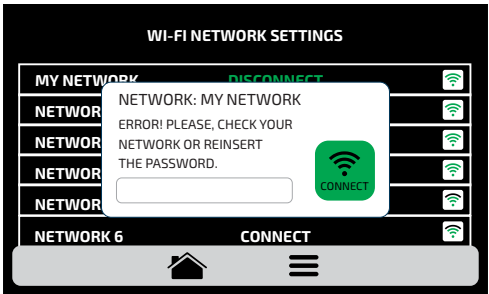



c) Use the alpha numeric keypad to enter the password. Once complete, press the key .

The following screen shows the oven connected to the desired network:




d) If a user inputs an incorrect password, the following message will appear on the screen. Upon seeing this message, enter the correct password and make a new attempt to connect to the network.

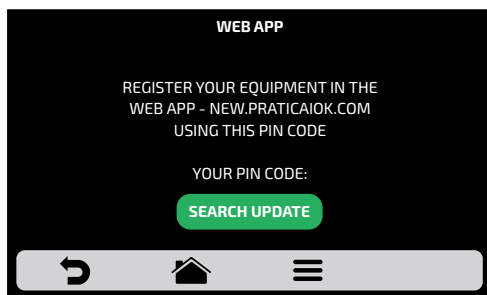



Note: After selecting the Wi-Fi network for the first time, the preheating menu will be displayed. In the future, if the user wants to change network, he must do so through the WI-FI icon  in the settings menu.

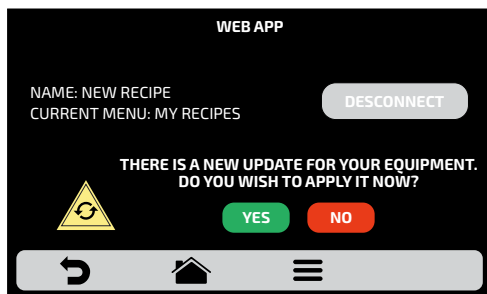
WEB APP (IOK - INTERNET OF KITCHEN)

a) Our Web App allows the user to create, edit, and upload/download recipes.

b) Press the  icon to use the virtual platform. Access the platform to use the PIN CODE at: new.praticaiook.com

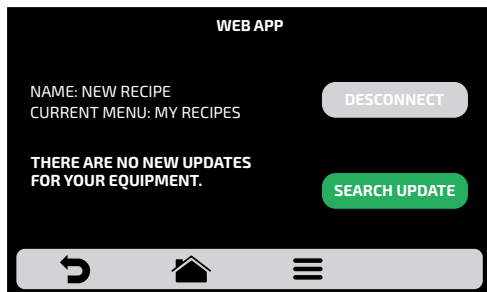


- All recipes created through the Web App can be sent directly to the oven. When submitted, just click on the  icon to update the oven recipes, as shown below:





- **Wait for the update bar to finish loading.**


c) When you are connected to **IOK**, the following screen will be displayed:



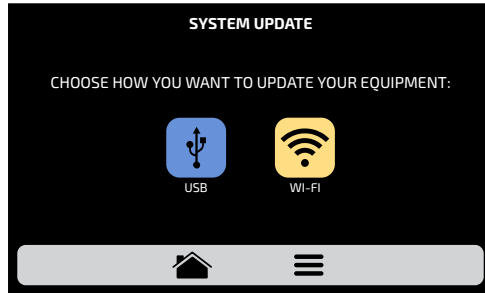
- **To disconnect from IOK press the  button.**

SYSTEM UPDATE

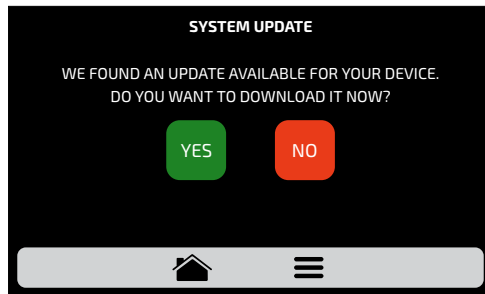
a) Press the  button to choose how to update the system: .


Note: The  option should only be used by an authorized technician.


b) Then choose the Wi-fi option.





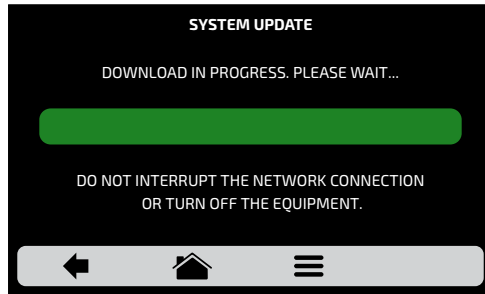
b) When a new update is available, the following screen will appear. Press the "Yes" icon to proceed with the update or "No" to return to the settings menu.



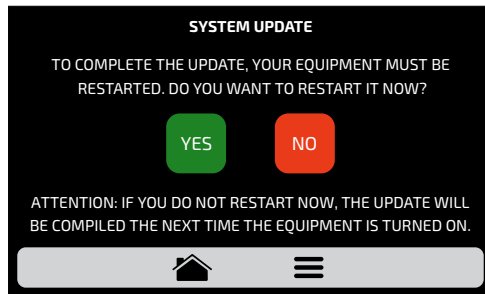
 The download is completed in the background and the user returns to the previous screen.

 Returns to the settings menu.

c) While the download is being performed the green bar will blink, if you press the  icon, the download status screen will be displayed. By pressing the  icon, the previous screen will be displayed and the download will continue in the background.



d) After the download is complete, restart your device.

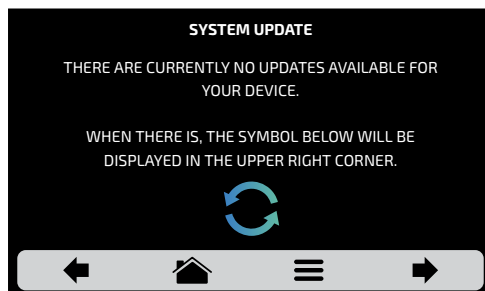


Attention: If you do not restart the device immediately, the update will postponed until the next time the equipment is turned on.

- YES Restarts the equipment.
- NO Returns to the settings menu.

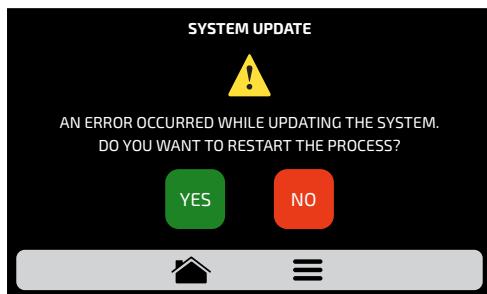
e) If you do not have an update available, the following message will be displayed on the screen:

"There are currently no updates available for your device. When there is, the symbol below will be displayed in the upper right corner."



d) If an error occurs during the update, the following message will be displayed on the screen:

"An error occurred while updating the system. Do you want to restart the process?"




Restarts the equipment.




Returns to the settings menu.


USER'S SETTINGS: CUSTOMER SUPPORT

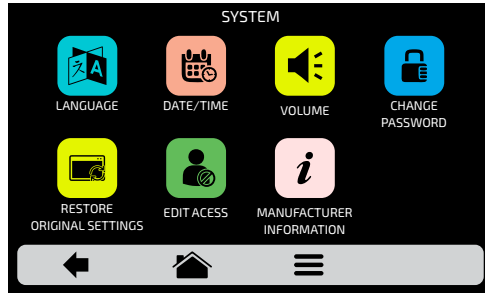
a) In the Customer Support  information, you will find all the necessary data to contact Prática to answer questions and request repairs or technical visits.




b) Use  to return to the user editing options.



USER'S SETTINGS: SYSTEM

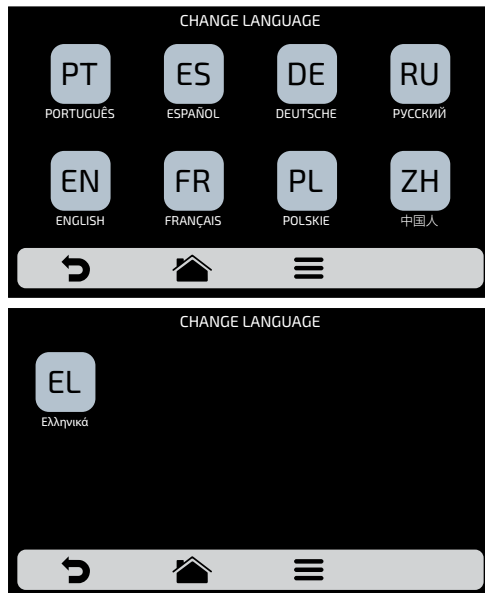
a) The System  screen is composed by seven items. Understand each item in detail in the following pages.




b) Use  to return to the user editing options.

SYSTEM: LANGUAGE


a) To change the language , just click on the icon and choose the desired language. We currently have the most spoken languages available. Use the gridview, sliding  on the touch screen to see all languages.



b) Use  to return to the user editing options.

SYSTEM: DATE/TIME ADJUSTMENT

Note: If the oven is connected, it will automatically add all information.

a) It is possible to adjust the Date, Time, and Format of the device . It must be imputed by the user in the following standards:



EUROPEAN: DD/MM/YYYY



TIME: 24H FORMAT

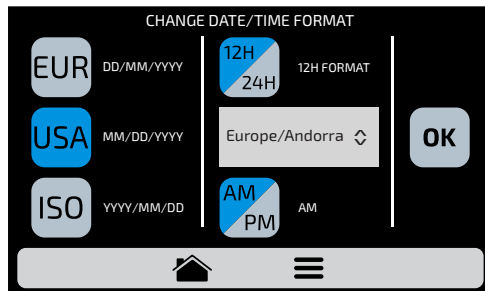
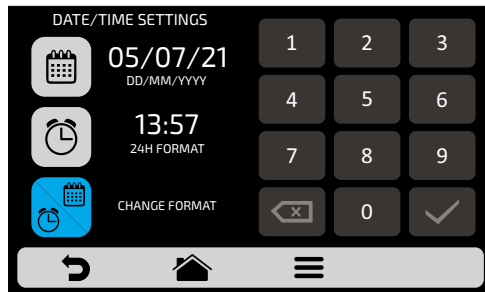
AMERICAN: MM/DD/YYYY


12H FORMAT

ISO: YYYY/MM/DD


b) Click on  and  to edit, respectively, the date and time.

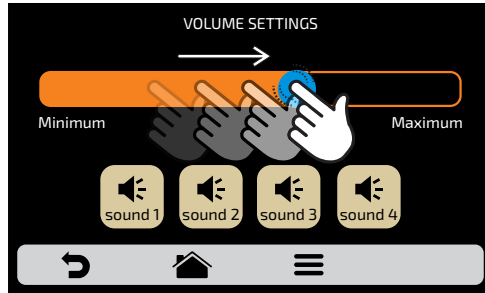
c) Press  to change the date/time format. The following screen will be displayed. Choose the date and time format and click on  to confirm and return to the options.




62 d) Use  to return to the user editing options.

SYSTEM: VOLUME

a) In the volume screen  you can switch between 4 types of sound and change the volume of the sound by sliding your finger on the screen.




d) Use  to return to the user editing options.

SYSTEM: CHANGE PASSWORD


a) To change the user's password  , just type the new password and then confirm it by clicking  .

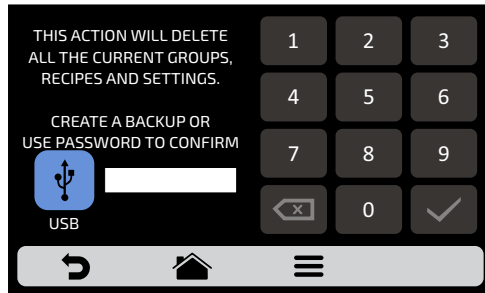



b) In case you forget the password, contact Technical Support.

c) Use  to return to the user editing options.


SYSTEM: RESTORE ORIGINAL SETTINGS

a) **ATTENTION:** The Restore Original Settings  option will delete all the Groups, Recipes and their Steps, besides the Settings defined by the user. Make sure to create a Backup through USB before proceeding. After inserting the password and touching **OK: IT IS NOT POSSIBLE TO RECOVER THE INFORMATION.**

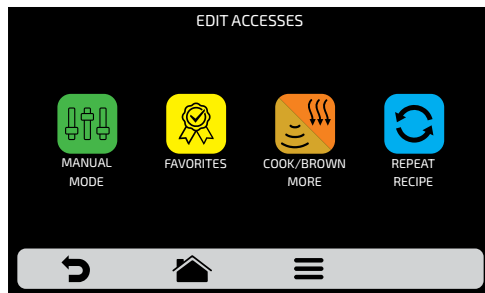


b) Use  to return to the user editing options.

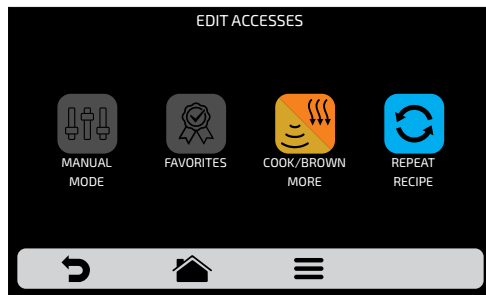
SYSTEM: EDIT ACCESS


a) Edit Access  corresponds to the function in which you may block an operator's access to that function.

For example: If you desire that the Favorites and Manual Mode functions are never accessed by the operators, click on both of them. Doing this will turn the icons dark gray, indicating that they are locked until the moment you desire to unlock them.




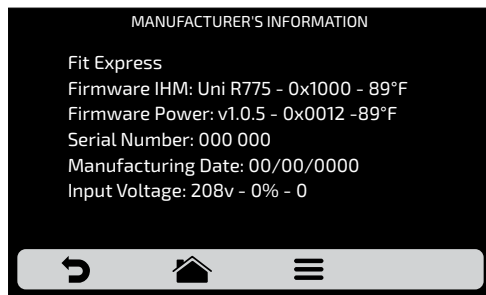
b) To unlock, click on the desired functions once more.




c) Use  to return to the user editing options.


SYSTEM: MANUFACTURER'S INFORMATION

a) Information on Firmware Version, Serial and Manufacturing Date  of the **Fit Express** are contained in this section.

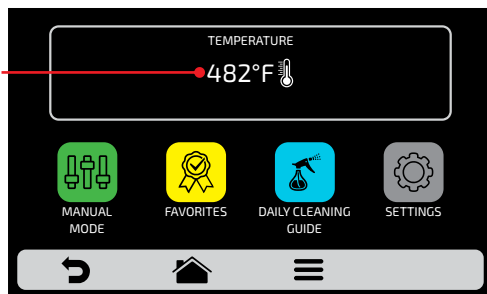



c) Use  to return to the user editing options.

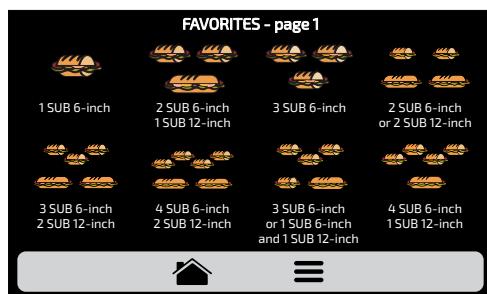
FAVORITES


a) The Favorites functionality works as a shortcut, in which you may allocate the main and most used recipes. To access it, press the Options button  in the fixed menu bar.

The temperature can be changed between Celsius and Fahrenheit according to the user's preference.



b) After opening the Options screen, touch the icon .



c) Browse through the recipes using the gridview by sliding  on the touch screen.

d) See how to Add or Remove a recipe from the Favorites list on **page 50**.

SOUND ALARMS



- When a recipe is complete, the alarm will sound indicating the end of the operation.





- If the oven door is open for more than 30s the alarm will sound alerting the user



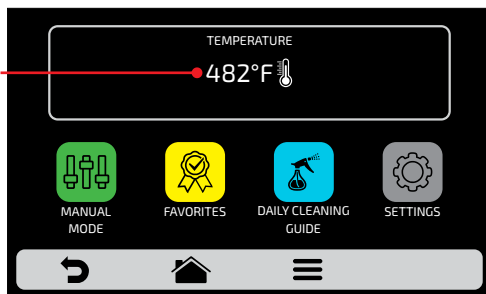
- **Caution:** If the alarm signal sounds continuously, the equipment is malfunctioning. Turn off or disconnect from the power grid and check the instruction manual before operating.

MANUAL MODE


a) In Manual Mode, it is possible to set the parameters of a recipe, execute it, and if the result of your test is approved at the end of the operation, transform it in a recipe.

b) To access the Manual Mode, click on the Options icon . In the Options screen, touch the icon .

The temperature can be changed between Celsius and Fahrenheit according to the user's preference.




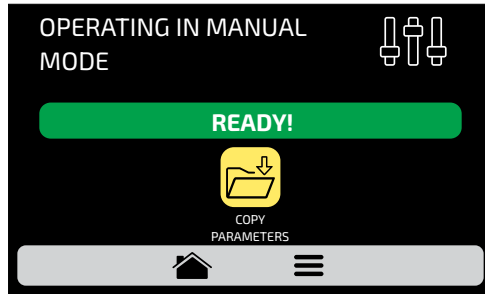
c) Set the parameters of Time, Temperature, Speed of Hot Air, Microwaves and of the Bottom Heater (Infra-red).


d) Press the icon  to start the operation of Manual Mode.

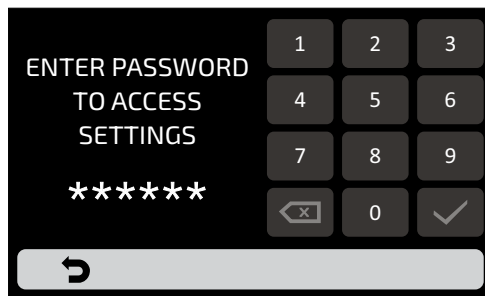
The temperature can be changed between Celsius and Fahrenheit according to the user's preference.



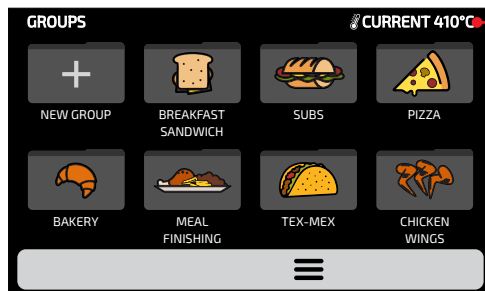
e) After the conclusion of the operation, the Copy Parameters icon will be enabled: .



f) Copy Parameters enables the user to transport the parameters set in Manual Mode for the editing Groups and Recipes, that is, when the user clicks on the icon  the user will need to input the password in order to access the settings.



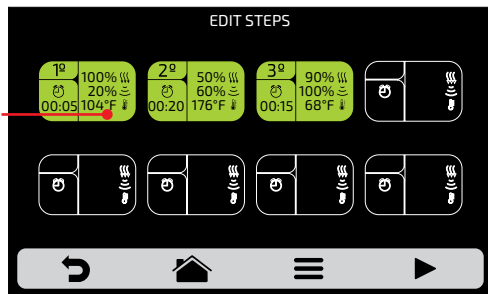
g) After inputting the user's password, choose between creating a new group or allocating the transported parameters in a new recipe to an existing group.



The temperature can be changed between Celsius and Fahrenheit according to the user's preference.



f) Selecti the name and image of the New Recipe and choose in which position (step) you wish to allocate the transported information to.


The temperature can be changed between Celsius and Fahrenheit according to the user's preference.



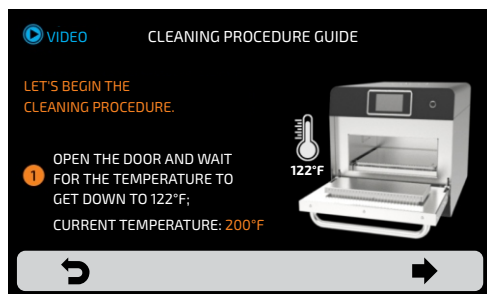
g) To finish, if desired, set the other steps of the recipe.

CLEANING PROCEDURE GUIDE

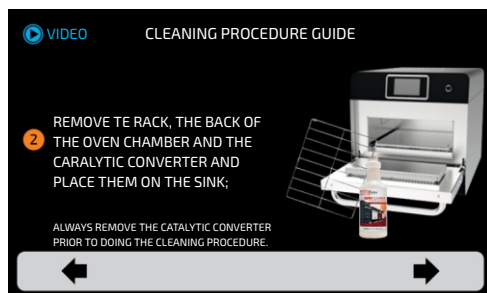
a) To help in the cleaning of the **Fit Express**, use the Cleaning Procedure Guide. Accessing it through the Options screen, then click on the Options icon . Finally, press the button . **Caution:** fully follow the steps shown on the screen.

b) At each step it is possible for the user to watch a video that teaches them how to perform the cleaning by pressing the  icon on the screen.

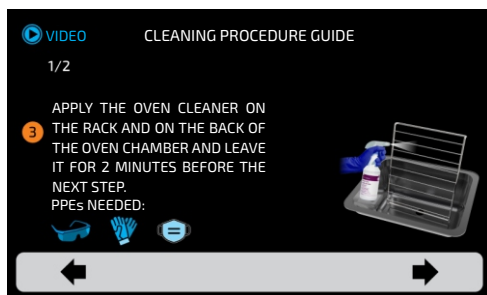
1st: Open the door and wait for the temperature to get down to 122°F (50°C). Proceed by clicking on the arrow:



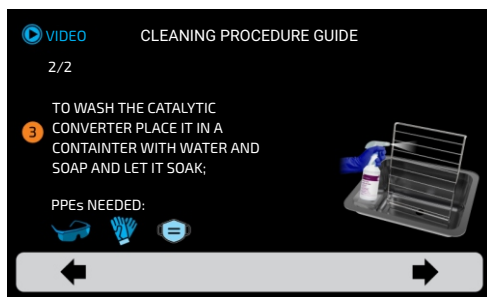
2nd: Remove the rack, the back of the oven chamber, and the catalytic and place them in the sink. Proceed by clicking on the arrow:



3rd: 1/2 - Apply the Oven Cleaner to the rack and the back of the oven chamber. Leave it on for 2 minutes before continuing to next step. Proceed by clicking on the arrow: ➡

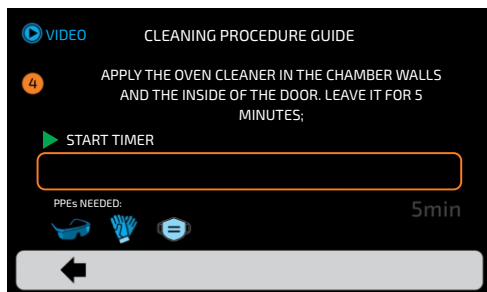


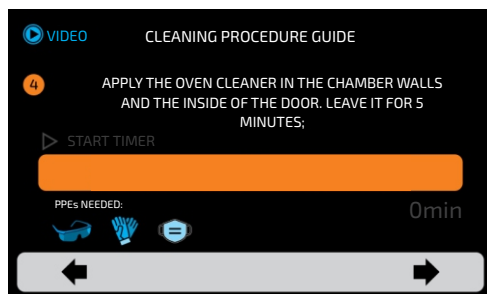
3rd: 2/2 - To wash the catalytic converter, place it in a container with water and soap and let it soak. Proceed by clicking on the arrow: ➡



Note: After the oven has cooled down and before applying the Oven Cleaner, wipe the chamber surfaces with a damp cloth to lower the temperature.

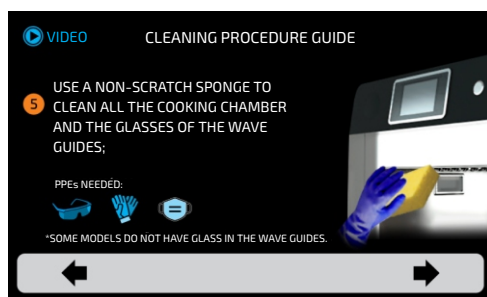
4th: Apply the oven cleaner on the chamber walls and the interior side of the door. Press the ▶ icon to start the timer and leave it for 5 minutes. Proceed by clicking on the arrow: ➡





At the end of the 5 minutes the alarm will sound and releases the screen advance

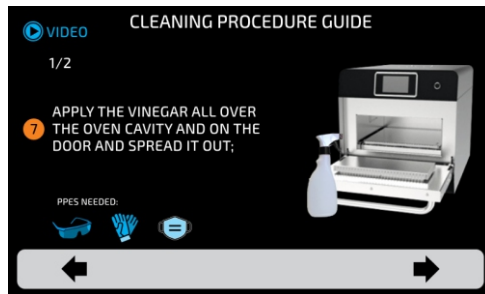
5th: Use a non-scratch sponge to clean the cooking chamber and the glass of the wave guides. Proceed by clicking on the arrow: ➡



6th: Clean/Rinse the chamber with a wet tissue to remove the excess soap and dry it with a new, clean tissue. Proceed by clicking on the arrow: ➡



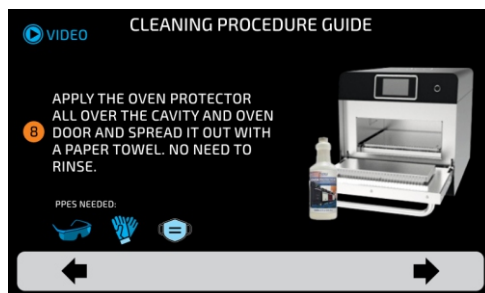
7th-1/2: Evenly apply vinegar to the oven cavity, including the doors interior. Proceed by clicking on the arrow: ➡



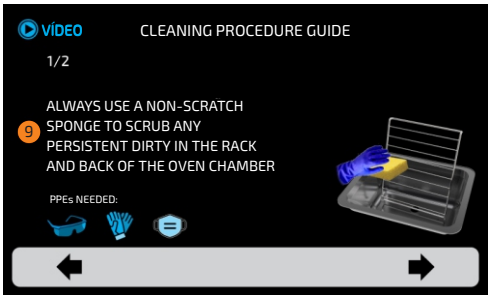
7th-2/2: Clean/rinse the cavity with a damp cloth to remove excess vinegar and dry with a dry towel. Proceed by clicking on the arrow: ➡



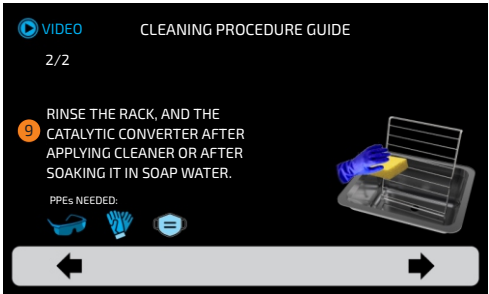
8th: Apply the oven protector to the cavity and oven door and spread evenly with a paper towel. No need to rinse. Proceed by clicking on the arrow: ➡



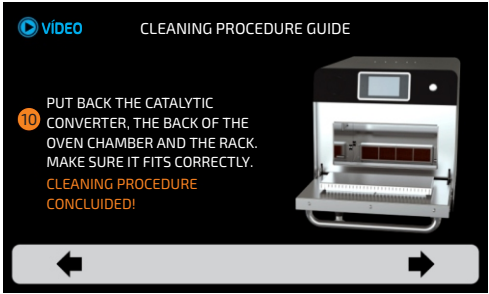
9th-1/2: Always use a non-scratch sponge to scrub away any persistent dirt on the rack and back of the oven chamber. Proceed by clicking on the arrow: ➡



9th-2/2: Rinse the rack and the catalytic converter after applying cleaner or after soaking it in soapy water. Proceed by clicking on the arrow: ➡

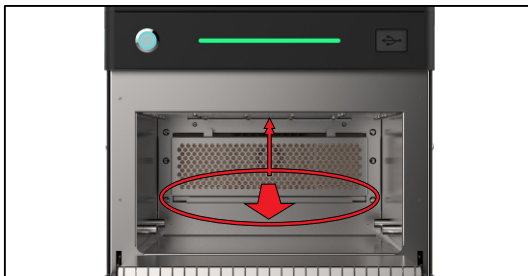


10th: Reattach the catalytic converter, the back of the oven chamber, and the rack. make sure everything fits correctly. Finish by clicking the arrow: ➡



CATALYTIC CONVERTER CLEANING GUIDE

a) Remove the catalytic converter by lifting upward, then pull it backwards (toward your body) as shown below:



b) To sanitize it correctly, soak the catalytic converter in a bowl with warm water and neutral soap.

c) After 15 minutes in the solution, rinse thoroughly and reinstall.

AIR FILTER CLEANING GUIDE

a) To access the air filter, open the bottom cover.

b) Then remove the filter by moving backwards using the filter tabs as shown in:



c) Inspect and clean with neutral detergents and water if necessary.




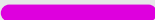




d) Rinse well with clean water and remove any excess water. If necessary, shake or tap on a hard surface.

e) Reinstall the filter by placing it into the mounting brackets and pushing it back under the oven.

LIGHT BAR FUNCTIONS (LED)

a) The **Fit Express** oven has a light bar that indicates the process in progress through different colors according to the table below:



Function	Color	State
Turning on/Stand-by		Blink
Preheating		On
Temperature control		On
Cleaning		On
Executing a recipe		On
Recipe ready		Blink
Failure		On
Error		On

ALERTS AND ERRORS: POSSIBLE SOLUTIONS

a) The **Fit Express** was programmed to signal the user of any possible error and alerts that may occur during operation.

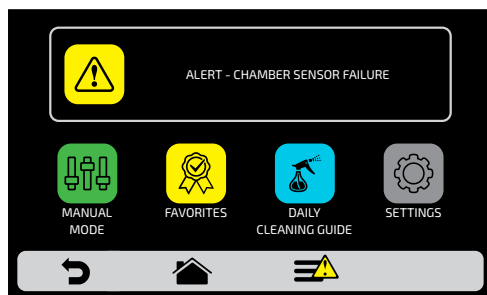
b) On the Options icon  , a yellow signal will appear for alerts () and red for errors ().

c) See how to proceed in each case below:



ALERTS

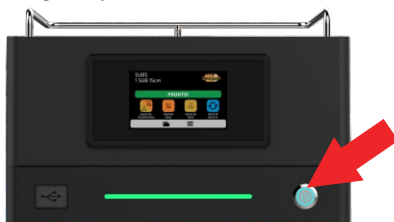
a) Click on the Options icon  .



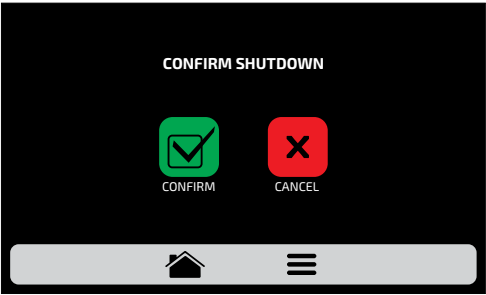
b) The Options screen will display, instead of the chamber heater temperature, a description of the alert. This is show in the adjacent example:

ALERT - CHAMBER SENSOR FAILURE

c) Follow the instructions as described on the screen. In this case, turn off and turn on the oven again using the panel button:



Note: If you press the power button, the following message will be shown on the screen:

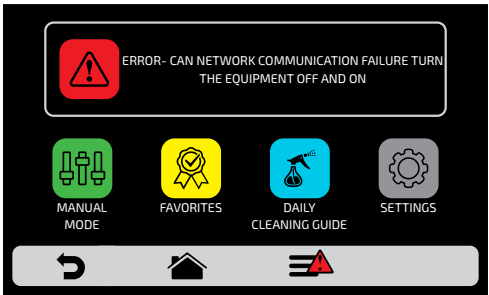


Note: Or press the power button for 3 seconds to power off directly.

d) After turn on the equipment, if the alert persists, call Technical Support.

ERRORS

a) In case of several unsuccessful reset attempts, the alert will become an error, and it will be necessary to contact Technical Support.



b) Refer to the table on the next screen to verify the possible errors and alerts.

ALERTS AND ERRORS TABLE

Component	Becomes Alert when:	Becomes Error when:	Error Sound Alarm
Inverter	lost communication	-	Off
Inverter	-	more than ten reset attempts	On
CLMG Low Magnetron Current	fifteen seconds without reaching the current	-	On
Can Network Communication	-	cables disconnected or faulty	On
Chamber Sensor	-	inactive	On
Panel temperature	from 146°F (65°C) to 176°F (80°C)	exceeding 176°F (80°C) for 10 minutes	On

You can call our technical assistance to provide feedback, offer suggestions, or get technical assistance during normal business hours at:

You may contact us via:

Phone: +1 214 584 6269

WhatsApp text or call: +1 218 748-8572

E-mail: service@praticausa.com

Monday to Friday: 8 a.m. to 6 p.m. at any time zone

Saturday: 8 a.m. to 3 p.m. at any time zone

Sundays: Closed

Holidays: 8 a.m. to 3 p.m. at any time zone

All regions except the United States: +55 (35) 3449-1235 or by email at comex@praticabr.com

FIT EXPRESS / FIT SM
CODE: 742638
INSTALLATION AND OPERATIONAL MANUAL
FEBRUARY 2023 - VERSION 05



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